Redwood Pediatric Dentistry
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Curodont Repair: After Your Visit

Today we treated an early cavity, sometimes called a white spot or a watch area, with Curodont Repair Fluoride Plus. It helps enamel rebuild itself from the inside out, with no drill, no shot, and no numb lip.

⏱️ The One Rule for Today

Nothing to eat, drink, or rinse for 30 minutes after the appointment. That includes water.

Tip: set a timer before you leave. After 30 minutes, your child can eat and drink completely normally.

1 🦷 What We Did Today

- We polished the tooth, gently conditioned the surface, and placed a tiny drop of liquid peptide on the early lesion. The whole thing usually takes about five minutes.
- **The peptide soaks in and builds a scaffold** inside the weakened enamel, then attracts calcium, phosphate, and fluoride from saliva to rebuild mineral where it was lost.
- No anesthesia, no drilling, and no removal of healthy tooth structure.
- **It does not stain.** Unlike silver diamine fluoride, Curodont leaves the tooth looking the same color it was when you walked in.

2 🪥 Home Care Starting Tonight

- **Brush and floss as usual tonight.** There is nothing to avoid and no special technique needed after the first 30 minutes. Get help with brushing until at least 7, flossing until at least 10 years old.
- Use a fluoride or hydroxyapatite toothpaste twice a day.
- **Floss the treated area daily.** Many of these early lesions sit between the teeth, where a toothbrush simply cannot reach.
- Cut back on sipping and snacking between meals. Frequency matters more than quantity.
    - Water between meals, everything else with meals, is an easy rule to remember.

3 ⏳ What to Expect Over the Next Few Months

- **The repair happens quietly and gradually**, over weeks to months. There is nothing to see or feel while it works.
- A visible white spot may soften in appearance or blend in over time. Some fade a lot, some only a little, and that is still a success if the lesion has stopped progressing.

- Your child should not have any soreness, sensitivity, or change in taste. If they do, please let us know.

4 🔍 What Curodont Can and Cannot Do

- **It works on early lesions that have not broken through into a hole.** That is exactly what we treated today.
- It cannot repair a true cavitated cavity. If a lesion has already collapsed into a hole, it needs a filling.
- **It is not a substitute for brushing, flossing, or diet changes.** Curodont gives the enamel a head start. Home habits decide whether it holds.
- Studies show meaningfully less risk of these early lesions progressing compared with fluoride varnish alone, but no treatment is a guarantee.

5 📅 Your Follow-Up Plan

- **We will recheck the treated tooth at your next six-month visit**, using photos, DIAGNOcam, or x-rays to compare against today.
- For children with active decay, we may repeat the application once or twice within a six-month window.
- Keep cleanings and fluoride visits on schedule. Curodont works best as part of a full prevention plan, not on its own.

📞 Please Contact Us If

Your child has pain, sensitivity, or swelling near the treated tooth.

You notice a new white, brown, or dark spot, or a place that catches floss.

You have any question at all about home care or the follow-up schedule.

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References

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Disclaimer: All information reflects the clinical approach of Dr. Niekia Franklin and is intended for general guidance only. Instructions given during your visit always take precedence. • www.redwoodpediatricdentist.com